

Images in Surgery

EMERGENCY PRONE THORACOSCOPY: AN OPTION FOR THE TREATMENT OF ESOPHAGEAL PERFORATION DUE TO A FOREIGN BODY

TORACOSCOPIA EN PRONO URGENTE: UNA OPCIÓN PARA EL TRATAMIENTO DE LA PERFORACIÓN ESOFÁGICA POR CUERPO EXTRAÑO

Anaí Oseira-Reigosa^{1*}, José Antonio Martínez-Córcoles², Alberto Pagán-Pomar²

¹Department of General and Digestive Surgery Service. Hospital de Manacor. Manacor, Balearic Island, Spain.

²Department of General Surgery. Son Espases University Hospital, Palma de Mallorca, Balearic Island, Spain.

*Corresponding author:

Anaí Oseira-Reigosa ORCID-ID: 0000-0002-2234-7705 E-mail: anai.oseira@hmanacor.org Department of General and Digestive Surgery Service. Hospital de Manacor. Manacor, Balearic Island, Spain.

Received: 01 October 2024, Approved: 15 December 2024, Published: April 2025

A 53-year-old man accidentally swallows a dental prosthesis that becomes stuck in the esophagus, causing odynophagia and dysphagia. After several

failed attempts at endoscopic removal, a CT scan shows esophageal perforation with paraesophageal collection (Fig.1).



Figure 1. CT with IV and oral contrast. A: Esophageal foreign body. B: Extravasation of oral contrast suggesting esophageal perforation.

Urgent prone thoracoscopy is performed with removal of the prosthesis, closure of the esophageal defect, esophageal exclusion and jejunostomy (Fig.2). The postoperative period progresses favorably and he is discharged after 18 days. Three months later, a scar stenosis is managed by endoscopic dilation, with follow-up without complications at 21 months (Fig.3).



Figure 2. Foreign body



Figure 3. Esophagogastric-duodenal transit at 16 months after surgery.

Foreign bodies in the esophagus, although more common in children, also occur in adults, especially those with teeth or spines (1). Symptoms vary depending on their location and complications, with early diagnosis being crucial. In complex cases, CT with contrast is key (1,2). Initial treatment is usually endoscopic, but if it fails, as in this case with esophageal perforation, surgery is required (3). Prone thoracoscopy, with minimally invasive management, offers good results in expert hands, minimizing complications and preserving the esophagus when viable.

Author's Statements

- Informed consent statement was obtained from the patient involved in the report.
- Conflict of interest: the authors declare no conflict of interest.
- Artificial intelligence: the authors declare that they did

not use artificial intelligence (AI) or any AI-assisted technologies in the elaboration of the article. In preparing this work, the author used *Google Translate* to improve the text that was initially written in Spanish. After using this tool/service, the author reviewed and edited the content as necessary and take full responsibility for the content of the publication.

References:

- Birk M, Bauerfeind P, Deprez PH, Häfner M, Hartmann D, Hassan C, et al. Removal of foreign bodies in the upper gastrointestinal tract in adults: European Society of Gastrointestinal Endoscopy (ESGE) Clinical Guideline. Endoscopy. 2016 May;48(5):489–96.
- Syamal MN. Adult Esophageal Foreign Bodies. Otolaryngol Clin North Am. 2024 Aug;57(4):609–21.
- Zhang R, Hao J, Liu H, Gao H, Liu C. Ingestion of a row of artificial dentures in an adult: A case report and review of the literature. Medicine (Baltimore). 2023 Oct 13;102(41):e35426.